

Eloise Tsukuda

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Provo, UT

(801) 494-3594

Education

Brigham Young University – Rexburg, Idaho

BS, cum laude, Public Health, July 2019

Emphasis – Health Education and Promotion

Universidade Norte do Paraná – Paraná, Brazil

History Graduated – 2014

Universidade Federal do Paraná – Paraná, Brazil

BS, Occupational Therapy Graduation interrupted – coursed from Jan 2008 to Feb 2011

Fluent in Portuguese

Moderate Spanish

Skills and Experience

Communication Skills

- Planned and taught health education classes for 176 children of a pre-school (HeadStart) program;
- Taught English as a volunteer to a group of low-income teenagers and for classes of preschoolers;
- Worked under supervision as an Occupational Therapy intern in a shelter for homeless people teaching healthy habits in activities of daily living for mental health promotion;
- Used communication strategies and presentations (group mailings, social media, graphics) to obtain program support while preparing the workshop with the Health Promotion division of the Utah County Health Department;

Leadership/ Coordination Skills

- Established an ongoing organization for the donation and storage of furniture, home appliances, and clothing for incoming international students;
- Planned monthly social gatherings with the goal of introducing international cultures among the members of an organization;
- Conducted leadership council to set goals; evaluated results and action plans; identified and analyzed on a one-on-one basis the needs and resources available for 50 teenagers from the biggest slum of São Paulo, Brazil;
- Organized and implemented physical, artistic and life enhancement activities for low-income youth;
- Encouraged emotionally struggling teenagers through positive activities and professional instruction;
- Organized campaigns and advertised a health promotion workshop for people with chronic diseases among a group of foreign language speakers (Portuguese as first language);
- Promoted behavioral changes focused on tobacco, alcohol, and drugs cessation as well as how to develop a healthy diet and exercise routine.

Work Experience

- World Cultures Committee Chair – MBASA BYU – Provo, UT

April 2019 – April 2020

- Leader – Workshop “Assumindo Controle de Sua Saúde” – Utah County Health Department, UT

July 2019 – December 2019

- Health Specialist Intern – Mountainland Head Start - Provo, UT

January 2019 – April 2019

- Intern – Department of Occupational Therapy - Universidade Federal do Paraná

January 2010 – December 2010