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## **Summary**

Social worker with over 20 years-experience serving residents of the Salt Lake Valley. Understanding of how biopsychosocial matters affect individual and family systems. Strong communication skills with the ability to effectively work with people from all socio-economic groups, and an understanding of the importance of sensitivity to cultural differences in social work.

## **Employment**

Sutter Shared Services

West Valley City, UT

August 2014 to present

Subject Matter Expert; Patient Services, Allina Mental Health and Addiction Services

Provide front line telephone assistance to clinic patients seeking mental health and addiction services. As the first point of contact, provide intervention for patients expressing suicidal intent or experiencing mental health and or addiction crises. Maintain accurate and detailed clinical notes. Provide initial assessments for patients seeking Intensive Outpatient Programs. Administrative responsibilities include training of new front line staff and serving as an expert resource for staff with questions related to clinical services for mental health and addiction.

State of Utah

West Valley City, UT

January 2008 – March 2013

Child Protective Services Investigator

Investigated allegations of child abuse and neglect in cities of West Valley, Taylorsville, West Jordan, Murray and Tooele, Utah. Accepted assignments of 3-4 new cases per week. Made field visits, created assessments and referred families for services to address concerns. Removed high-risk children from the home and worked closely with the parents to place the children with protective family members whenever possible. Facilitated regular team meetings with family members and relevant community partners. Attended meetings with law enforcement, school officials and mental health providers. Attended juvenile court proceedings and made timely case transfers when long term oversight was deemed necessary. Maintained records in the state database. Obtained specialized training in forensic interviewing and in working with victims of domestic violence. 40 hours or more per week.

## Head Start

Salt Lake City, UT

August 2001 – December 2007

### Family Advocate

Case Manager for 34 Head Start children and families. Responsibilities included recruitment and registration, assessment of family needs and crisis intervention. Partnered with community agencies to provide referrals to meet the needs of low income families. Facilitated monthly meetings and arranged for guest speakers on a variety of topics chosen by parents. Became certified on curriculum to teach parenting classes and adult literacy. Modeled appropriate parent child interaction and maintained upkeep of client records in the Head Start database. 40 hours a week.

## Volunteers of America

Salt Lake City, UT

July 2000 – August 2001

### Detox Technician

Performed new client intakes, interviews and assessments for female clients detoxing from alcohol, narcotics, benzodiazepines and methamphetamine in a social detox facility. Monitored daily activities, organized and ran process groups. Routinely assessed client well-being and provided crisis intervention. Responsible for daily charting in each client file and dispensing of prescribed medications. Created nutritionally balanced menus, coordinated with the local food bank and ordered food for the program. 40 hours a week.

## Travelers Aid Society Temporary Winter Shelter

Salt Lake City, UT

September 1999-March 2000

### Case Manager

Provided case management services for homeless families and single women residing at the overflow winter shelter. Served as the sole daytime case manager, sharing responsibilities with one night time case manager. Performed new client intakes and assessments. Confirmed current school enrollment for all children residing in shelter, assisting with school registration when necessary. Partnered with the local homeless health clinic to assure access to physical, mental health and dental appointments. Scheduled transportation services to and from essential appointments. Connected residents with community resources, and with transition to permanent housing when possible. Assisted senior citizens in accessing subsidized housing based on Social Security income. 40 hours or more per week.

## **Volunteer Work**

Head Start

Salt Lake City, UT

October 2002 – December 2007

While working for the program, I identified a need for winter coats, boots and clothing for some of the children. I designed and operated a seasonal Angel Tree where people in the community chose a child to purchase needed items for. I personally ran the program in my free time for six years. I expanded it from the children directly under my case management, to include 12 classrooms and hundreds of children. A version of my original program still operates and now serves thousands of children.

American Foundation for Suicide Prevention

Salt Lake City, UT

September 2017-Present

Participated in the Salt Lake City Walk. Raised funds in the form of sponsorships. Hung posters and distributed postcards announcing the walk to encourage participation and to raise additional money.

## **Education**

B.S. Psychology, minor in Women's Studies

University of Utah

1997

Master of Social Work

Boise State University

Current